

Index

Note: Page references in Annual Flower-Feeder Tonic, **boldface** indicate illustrations 290-291 Annuals. See also Flower garor photographs. dens; specific plants fertilizing, 290-291 seedlings, 99 A as seed plant, 8-9, 289-Acorns, 148-149, 327-328 Adelgids, 154-155 vines, 238-242 Aeration, under trees, 143 Aphid Antidote, 215 Alders, 122 **Apples** Alternate bearing, 205 in feeders, 207 American bittersweet, 217, in recipes, 145, 326 229-230 in tonic, 262 American elder, 121 Apple Schnitz, 208 American elderberry. See Elder-Apple trees berry crabapple, **136**, 187–189, American goldfinch. See 209–212, **210, 211,** 338, Goldfinch 338 American holly. See Hollies dwarf, 186, 208-209 American mountain ash, 134, low yield from, 205 141, **141,** 330, **330** as nesting sites, 209 American plum, 203. See also pest control for, 208 Plum trees profile of, 330, **330** American robin, 330, 332, reviving, 188 336, 338, 342, 344, 348, Arbors, 230, 238-239 Arborvitaes, 157, 180 352, 354, 355 American tree sparrow. See Arid climates, 70 Sparrows Arrow-wood, 65, 79. See also Ammonia, in tonics Viburnum fertilizer, 217, 290-291 Ash trees, 134, 141, **141,** 330, planting, 107 330

Aspen, quaking, 121, 121

Aspirin, for shrubs, 39-41

Anna's hummingbird. See Hum-

mingbirds

Asters
in garden plan, 71, **71,** 109,
210
profile of, 331, **331**Autumn sage, 54
Azalea
fertilizing, 50–51
in garden plans, 50, 271
for hummingbirds, 50
as nesting sites, 30
profile of, 351, **351**propagating, 171
pruning, 173

B

Baby shampoo, in tonics disease control, 294 fertilizer, 51, 68, 157, 166 pest control, 155, 215 planting, 145, 324 weed control, 110 Bachelor's button, 8, 287, 291-292, 331, 331 Bacillus thuringiensis (BT), 162 Bagworms, 162, **162** Baja fairy duster, 31 Baking soda, in tonic, 112 Balsam fir, 152. See also Fir trees Baltimore oriole. See Orioles Barberries, 35, 36, 332, 332 Bayberry alternatives to, 169

=**363**=

characteristics of, 73	with white fruit, 77	Black mulberry, 198. See also
for hedgerow, 45	year-round yield and, 4,	Mulberry
vs. bay leaves, 72	64–65	Black vine weevils, 158
Bay leaves, 72	Binoculars, 132–133	Black walnut, 145. See also Wal-
Beach plum, 204. See also Plum	Birches	nut trees
trees	characteristics of, 125	Bleach, as disinfectant, 174, 323
Beaked filbert, 141	in garden plans, 21, 21,	Bloodmeal, 84
Beans, 201, 238–240, 353, 353	129	Blueberry
Bearberry, 60, 60, 248,	holes in trunk of, 119	fertilizing, 79
267–268, 332, 332	profile of, 334, 334	in garden plan, 60
Bearberry cotoneaster, 270	as shelter, 122	for hedgerow, 45
Beautyberry, 67–68, 71, 333,	Birdbaths, 29, 261, 321	low-bush, 79, 246, 246,
333	Bird garden plans. See Garden	267
Bee balm, 112, 112, 333, 333	plans	profile of, 335, 335
Beer, in tonics	Birdhouse gourds, 229	protecting from birds, 65–66
fertilizer, 79, 114, 166, 217,	Birdhouses	pruning, 79
290–291	for bluebirds, 7	in recipe, 107
planting, 62, 107, 324	edible, 278	Bluebirds
topdressing, 262	Bird netting, 76, 190-191, 234	eastern, 330, 335, 339,
Bell-shaped seed treats, 319	Birdseed gardens. See Seed	343, 344, 347, 352,
Beneficial insects, 215	plants	355, 358
Berry bushes. See also specific	Birdwatching	plants that attract, 10
berries	berries and, 59, 67	profile of, 7, 7
benefits of, 10	binoculars for, 132–133	western, 70
best seasons for, 70–72	evergreens and, 177	Blue catbird. See Catbirds
birds attracted to, 10, 59	feeders and, 304–305	Blue column juniper. See
birds' discovery of, 9	feeding habits and, 4–5	Junipers
birdwatching and, 59, 67	nesting birds, 24	Blue-eyed grass, 163
with blue fruit, 78–80	sunflowers and, 285	Blue jay, 146
choosing, 60–61, 75	Bittersweet, 217, 229–230	as nut-eaters, 144, 146
fertilizing, 68, 71	Blackberry, 334, 334	owls and, 165
in garden plan, 60	Blackburnian warbler. See War-	plants that attract, 331,
male and female, 33	blers	339, 344, 347, 359
mess from, 73–74	Black-capped chickadee	sunflowers and, 287–288
for migrants, 32	plants that attract, 330,	Blue spruce. See Spruce trees
ornamental, 67–69	332, 334, 337, 340,	Bonemeal, in tonics
past-prime fruit on, 74	342, 347, 348, 354,	fertilizer, 71, 239
protecting from birds,	356, 358	planting, 35, 55
65–66, 76, 83	profile of, 310, 310	soil-builder, 197
pruning, 67, 79	Black-eyed Susans, 104–105,	Borax, for sunburn prevention,
with red fruit, 75–77	105, 121, 335, 335	255
sites for, 61–62, 64	Blackjack oak, 149. See also	Boston ivy, 216, 225–226
thorny and brambles, 80–84	Oak trees	Boxes, for leaf cleanup, 139

=364 Boxwoods, 180 Bradford pears, 195-196 Brambles, 82-84 Brazilian vervain, 90 Bread crumbs, in recipes, 107, Brewer's yeast, 56 Brown-headed cowbird, 230, 230 Brown thrasher plants that attract, 333, 335, 338, 349, 351, 354, 358 profile of, 37, 37 Brush piles, 223 BT, 162 Bubble wrap, for container plants, 116 Bugleweed, 267, **267** Bulbs, 268-269 Bullock's oriole. See Orioles Bunchberry, 267, 271, 272, 272 Burning bush, 37 Bush cherries, 190. See also Cherry trees Busy Lizzie, 99-100 Butterflies gardens for, 231 plants that attract, 51-52, 97 watching, 89 Butterfly bush, 49-50, 113 Butterfly weed, 90, 90, 336, 336 Buttermilk, for moss, 171 C Cacti, 158-159, 267, 350, **350** California fuchsia, 114 California grape, 236. See also Grape vines

California grapeholly, 70

California quail, 332 Camellia, 31 Canada hemlock, 153-155, **153**. See also Hemlocks Canary seed, 319 Canola seed, 319 Canterbury bells, 115 Canyon grape, 236. See also Grape vines Cape May warbler. See Warblers Cardinal flower, 106, 163, 163 Cardinals. See Northern cardinal Carefree Beauty shrub rose, 56. See also Shrub roses Carolina allspice, 30 Carolina hemlock, 153-155, 180. See also Hemlocks Carolina rose, 53. See also Shrub roses Carolina wren. See Wrens Caryopteris, 251 Catbirds, 68 blue, 344 gray, 81, 81, 336, 338, 351, 353, 354, 357 Cat deterrents, 25, 247, 325-326 Caterpillar Killer Tonic, 194 Caterpillars, 133-134, 194 Catmint, 251 CDs, as bird deterrents, 66, 200 Cedar. See Red cedar Cedar waxwing fermented fruit and, 192 plants that attract, 78-79, 330, 332, 334, 338, 343, 357 profile of, 198, 198 Celosia, 89 Chaff, 296-297 Chanticleer pear, 196-197 Chaste tree, 51-52, **51** Checkerboard planting, 302

Cherries, in recipe, 191, 326 Cherry laurel, 39, 45 Cherry trees in containers, 186 Cornelian, 185, 185 profile of, 336, 336 protecting from birds, 190-191 pruning, 192 sunburn in, 212 Chestnut oak, dwarf, 149. See also Oak trees Chickadees. See Black-capped chickadee Chicken wire, for pest control, 300 Chipping sparrow. See Sparrows Chokeberry, 43 Chokecherry, 45, 45, 189, 193-194 Cholla cacti, 158-159 Christmas ferns, 318 Christmas greens, 152 Christmas trees, recycling, 161 Citrus fruit in pest control tonic, 215 as serving dish, 326-327 Citrus trees, 187 Clark's nutcracker, 162 Clean-up routines flowers, 98 leaf litter, 138-139, 264 Climbing rose, 218, 249-250, Cockspur hawthorn, 253. See also Hawthorn Coffee in planting tonic, 62 for shrubs, 50-51 Coffeeberry, 70 Cold protection, for figs, 201-202

365

Colorado spruce, 160, 178. See also Spruce trees	Walnut Crumble, 145 Corn syrup	Decoy plants, 65, 190, 198 Deer deterrents, 84, 208
Color schemes, testing, 179	in fertilizer tonics, 114, 217,	Desert hackberry, 29–30
Columbine, 48, 92–93	290–291	Design. See Garden design
Compost	for moss, 171	Diatomaceous earth, in tonic,
in potting mix, 116	Corridors, of plants, 12–15	284
	•	
as soil booster, 96	Corsican mint, 261	Disease control
in tonics	Cosmos, 294	flowers, 99, 112, 292, 294
fertilizer, 245–246	in garden plans, 121, 293	pruning tools and, 174
planting, 55, 149	growing, 97, 294–295	shrubs, 39–41, 52
soil-builder, 197	profile of, 337, 337	Dishwashing liquid
Compost bin, as trellis, 239	Cotoneaster, 39, 270	caution, 62
Compost tea, 83	Cottonwoods, 122, 127–128	in tonics
Coneflowers, 104–105, 105 ,	Cowbird, brown-headed, 230,	fertilizer, 217, 290–291
121, 335, 335	230	planting, 62, 107, 211
Conifers. See Evergreens	Crabapple, 136, 187–189,	Division, of perennials, 91
Container plants	209–212, 210, 211, 338, 338	Dog food, in tonics, 149, 186
fruit trees, 186–187	Cracker crumbs, in recipe, 107	Dogwood, 124
hummingbird garden,	Cranberry, 75–76, 262–263	benefits of, 131
115–116	Cranberry Crunch, 262	berries from, 74
overwintering, 116, 186	Crape myrtle, 30	Cornelian cherry, 185, 185
as portable corridor, 13	Crayons, as design aid, 179	in garden plans, 5, 14, 50
supports for, 234	Creeping junipers. See Junipers	gray, 77
vines, 217	Creeping speedwell, 255	for hedgerow, 45
Cooper's hawk, 175–176, 309	Crisco® Cones, 165	poor bloom in, 130
Coral bells, 250–251, 267	Crossbill, red, 160	profile of, 339, 339
Coralberry, 253	Crows, 146	Douglas fir, 166. See also Fir
Coreopsis, 95–96, 293, 337, 337	Cup plant, 110	trees
Corn, 301	Currants, 338, 338	Douglas spirea, 78
in feeders, 321–322	Cuttings	Doves, 298
growing, 300-301	flowers, 99–100, 106	Downy woodpecker. See Wood-
home-cracked, 300	roses, 55	peckers
in portable corridor, 13	shrubs, 40	Drought-resistant flowers,
in recipes, 107, 302, 312	Cypress vine, 318	114–115
Corncob "Cones," 176	,	Dwarf trees
Cornelian cherry, 185, 185 . See		evergreens, 178
also Cherry trees	D	fruit, 186
Cornmeal, in recipes	Daffodil, 50	oak, 149
Cranberry Crunch, 262	Daisy family, 87	
Not-Just-for-Easter Eggs,	Damask rose, 250	
314–315	Dark-eyed junco. See Juncos	E
Percher's Paradise, 326	Daylilly, 231, 251	Earthworm castings, in tonic,
Summer Suet Pudding, 203	Deadheading, 294–295	262
Summer Suct radding, 200	Deadricading, 27+ 275	202

===366=

Eastern bluebird. See Bluebirds dwarfs, 178 seed plants as, 277-279, Eastern cottonwood, 122, 127 fertilizing, 166 283, 299 Eastern towhee. See Towhees as food source, seeds in, 305-306, 308, 155-159 Eastern white pine, 18, 163, 312-313 164, **164**. See also Pine trees insects in, 156 starlings and, 308 Easy Freezer Jam, 233 as nesting sites, 153 suet in, 313-317, 320 Egg-shaped treats, 314-315 owls in, 165 types of, 311, 322-323 Elderberry, **61, 193** pest control for, Feeding habits, observing, birds attracted to, 61 154-155, 158, 162 4-5 in garden plans, 163, 193 pruning, 164 Feed recipes and projects profile of, 340, 340 as shelter, 151-152 Apple Schnitz, 208 snow damage in, for western gardens, 70 Corncob "Cones," 176 English ivy, 216, 224 156-157, 158 Cranberry Crunch, 262 English walnut, 145-146, 146. watering, 152, Crisco® Cones, 165 See also Walnut trees 168-169 Easy Freezer Jam, 233 English yew, 180 windburn or sunburn Grainy Good Granola, Epsom salts in, 155-156, 157 302 as windbreaks, 179-181 for evergreens, 157 Hip Handout, 57 in tonics Marigold Granola, 107 fertilizer, 71, 142 Miles of Millet, 299 F planting, 35, 55, 149, Pecan "Pies," 147 211 False grape, 227-228 Percher's Paradise, 326 soil-builder, 197 Feed, buying, 204-206, Pumped-Up All-Purpose European plum, 206. See also 318-319 Mix, 312 Plum trees **Feeders** Strawberries Supreme, 65 Evergreen Growth Tonic, 157 for beginners, 312-313 Summer Suet Pudding, 203 Evergreens. See also specific bird behavior and, Walnut Crumble, 145 306-307 types Winter Cherries, 191 birdwatching and, 177 birdwatching and, Feed sources. See also specific broadleaf shrubs 304-305 sources benefits of, 167-168 cleaning, 323 fruits and nuts, 9-11 as hedges, 180 corn in, 321-322 insects, 6-7 nectar plants, 169-172 effect on birds, 4, 307 plants, 2-6 pruning, 172-174 fruit in, 65, 183-184, 207, seeds, 8-9 watering, 168-169 321, 325-327 Fels Naptha® soap, 211 color schemes for, 179 homemade, 95, 196, 278, Fences, living, 48, 217, 238 299, 305, 322 in garden plans, 163, 181, Ferns, 5, 263–264, **263**, 318 318 mess from, 324 Ferrous sulfate, in tonic, 51 groundcovers, 263-265 myths about, 307 Fertilizing techniques groupings of, 175-180 nuts in, 320, 327-328 berry bushes, 68, 71, 79 predator control for, trees evergreens, 157, 166 choosing, 159 309-311 flowers, 114, 245-246, 284, Christmas trees, 161 seasons and, 320-321 290-291

367 ===

Fertilizing techniques
shrub roses, 56
shrubs, 50–51, 68, 71
trees, 71, 142, 145
vines, 217, 239
Figs, in recipe, 203
Fig trees, 200–202, 200, 201
Finches, 30, 82 . See also
Goldfinch
Finch mixes, 323-324
Firethorn, 30, 32
Fir trees, 152, 166, 340, 340
Fish emulsion. See Fertilizing
techniques
Flaxseed, 302, 319
Fledglings, in shrubs, 41
Flicker, 62 . See also Woodpeck-
ers
Flocks of birds, mixed, 100
Floss flower, 89
Flower buds, on trees, 128
Flower gardens. See also spe-
cific flowers
care of, 91, 98–101
design of, 94–95
disease control for, 99, 112
drought-resistant plants for,
114–115
harvesting seeds from, 103,
275–276
as hedge, 102
for hummingbirds, 91–93,
111–116
insect host plants in, 89–91
labeling, 97
nesting sites in, 106–107
planting potion for, 107
plants for, 95–97, 104–106,
108
seed plants in, 8–9, 87–88,
98–102, 289–297
shelter in, 106–107
Flowering shrubs, 49–52

Flowering tobacco, 115
Flower Surge Tonic, 245–246
Forced blooms, 140–141
Forks, as labels, 97
Foundation plantings, 15, 176
Fountain grass, 35
Fox grape, 236, 236 . See also
Grape vines
Foxtail millet, 299. See also
Millet
Fraser fir, 152. See also Fir trees
Freezing techniques
berries, 65, 74
cherries, 191
freezer jam, 233
rose hips, 57
suet, 328
Fremont cottonwood, 127
French marigold, 96. See also
Marigold
Frikart's asters, 109. See also
Asters
Fringe tree, 126
Fruit. See also specific types
buying for birds, 204-206
in feeders, 65, 183–184,
207, 321, 325–327
in recipes, 314-315
Fruit-bearing shrubs. See Berry
bushes
Fruit-eaters, 9–10, 235. See also
specific birds
<u> </u>
Fruit trees. See also specific
Fruit trees. See also specific types
types
types in containers, 186–187 feeder that mimics, 196
types in containers, 186–187 feeder that mimics, 196 fruit guards for, 212
types in containers, 186–187 feeder that mimics, 196 fruit guards for, 212 low yield in, 205
types in containers, 186–187 feeder that mimics, 196 fruit guards for, 212
types in containers, 186–187 feeder that mimics, 196 fruit guards for, 212 low yield in, 205 pest control for, 184–185,
types in containers, 186–187 feeder that mimics, 196 fruit guards for, 212 low yield in, 205 pest control for, 184–185, 188–189, 194, 203–204
types in containers, 186–187 feeder that mimics, 196 fruit guards for, 212 low yield in, 205 pest control for, 184–185, 188–189, 194, 203–204 planting, 197, 211

sites for, 192 sunburn in, 212 thinning fruit on, 206 Fuchsia, 114, 341, **341** Fungicides, 52

G

Garbage can lids, for leaf cleanup, 139 Garden design flower gardens, 94-95 hummingbird gardens, 92-93, 111-112 for shelter, 11-19 testing, 178, 179 Garden improvements, 16, 26 Garden plans berry bushes in, 60 evergreens in, 163, 181 fall season, 71 fig trees in, 201 flowers in, 90, 96 fruit trees in, 210 groundcovers in, 251, 253, 271 hummingbird gardens, 14, 54, 113, 170, 221, 231, 251 living fences, 48 living pathway, 318 meadow gardens, 109 no-fuss, 5 Northwest native plants in, plant perches in, 21 seed plants in, 293 for shady site, 50 for shelter, 18, 21 shrub roses in, 54 shrubs in, 36 songbird refuge, 193

sunflowers in, 287

===368=

INDEX

Garden plans (continued)	protecting from birds,	in tonics
tree and shrub combination,	234	fertilizer, 71, 245–246,
141	pruning, 236	284
trees in, 121, 129	varieties of, 234–235, 236,	planting, 35, 149
vines in, 218	236	soil-builder, 197
Garlic, in tonic, 294	Grasses. See Ornamental	Gypsy moth caterpillars,
Gayfeather, 109	grasses	133-134
Gelatin, in tonic, 290–291	Grass seed, 319	
Gin, in tonic, 110	Gray catbird. See Catbirds	
Golden carpet, 255	Gray dogwood. See Dogwood	Н
Golden creeping juniper, 178.	Greenbriers, 231–232	Hackberry, 29–30, 138
See also Junipers	Grosbeaks, 77	Hair, in tonic, 186
Golden-crowned kinglet, 154	behavior of, 130–131	Hanging baskets, 113–114,
Golden-fronted woodpecker.	plants that attract, 330,	115–116
See Woodpeckers	334, 339, 340, 345,	Hawks, 175–176, 309
Goldenrod, 94	349, 354, 357, 359,	Hawthorn
birds attracted to, 105	360	characteristics of, 129–130
characteristics of, 108	Groundcovers	in garden plan, 253
in garden plan, 210	aggressive, 267	as nesting plant, 30
profile of, 341, 341	birds attracted to,	profile of, 339, 339
Goldenrod galls, 108	244-245	Heartleaf ampelopsis, 227–228
Goldfinch, 110, 313	evergreen, 263–265	Hedgerows, 44–48, 279–280
feeders for, 313	in garden plans, 251, 253,	Hedges
plants that attract, 106, 139,	271	evergreen, 180
331, 334, 337, 338,	leaf litter on, 264	flowering, 102
341, 343, 345, 350,	planting, 245–248	shrubs, 12, 38-39, 42-44
356, 359, 360	propagating, 250, 266	Height, of plants, 15–17, 38–39
profile of, 88, 88	replacing lawn with,	Hemlocks, 153–155, 153, 180,
seed harvest and, 275	259–261	342, 342
Gooseberry, 82, 82, 338,	for shady sites, 261–265	Hemlock warbler. See Warblers
338	as shelter, 246–248, 258	Hemlock woolly adelgid,
Gourds, 229	sites for, 267-272	154–155
Grains, 276, 298–301	sunburn in, 255	Hens and chicks, 270, 270
Grainy Good Granola, 302	for sunny sites	Herbicides, 269–270
Granite dust, in tonic, 239	flowering plants,	Hickory trees, 147
Granola, in recipe, 302	249-251	Hip Handout, 57
Grape jelly or jam, 233	grasses, 252–254	Holdfasts, 216, 220
Grape vines	on slopes, 256–258	Hollies, 68
benefits of, 232	between stepping	American, 156, 156
birds attracted to, 235	stones, 255–256	decorating feeder with, 74
characteristics of, 216	weed control for, 269–270	fertilizing, 68
profile of, 342, 342	Gypsum	in garden plan, 18
projects using, 234, 237	for evergreens, 157	for hedgerow, 45

369

for hedges, 180 spiders and, 7 in garden plan, 193 torpid, 170-171 male and female plants, for hedgerows, 45 33 profile of, 344, 344 Hydrogen peroxide, in tonics, 107, 145, 290-291 profile of, 343, **343** pruning, 173 K for wet sites, 64 I for winter feed, 64 Kinglets, 154, 154 Impatiens, 99-100 Hollyhock, 113 Korean barberry, 35, 332, **332** Honeysuckle, 216, 240, 357, Indigo bunting, 295, 331, 337, Koreanspice viburnum, 38, 68. 345, 346, 348, 355 See also Viburnum 357 Honeysuckle aphids, 215 Insect-eaters, 6-7. See also Korean Sun pear, 197 Kudzu, 225 Hopper feeders, 322-323 specific birds Horn of plenty feeder, 95 Insects. See also Pest control Hose, as bird deterrent, 200 host plants, 32, 49, 89-91, Hostas, 271 156, 202-203 House wren. See Wrens water features and, 35-36 Labels, for plants, 97 Hummingbird feeders, cleaning, Iron sulfate, in tonic, 68 Lady fern, 263 323 lvy, 216, 224-226 Lampshades, as plant supports, Hummingbirds, 77, 323 100-101 Anna's, 269, **269, 333,** Lanceleaf coreopsis, 95. See J 336, 341, 351, 352, also Coreopsis 353, 357, 360 Japanese barberry, 35, 36, 332, Lawns gardens for, 14, 54, 92-93, 332 under feeders, 324 111-112, 170, 221, 231, Japanese beetles, 55 replacing with groundcovers, 259-261 251 Japanese honeysuckle, 216. See identifying, 92 also Honeysuckle Layering, 266 perches for, 20 Japanese pachysandra, 318 Lazuli bunting, 101, **101** Japanese plum, 206. See also Leaf cleanup, 138-139, 264 plants that attract Plum trees Lean-tos, for weather protection, evergreens, 170–172 172 flowers, 92-93, 106, Japanese spirea, 39 112-116 Jewelweed, 170 Lettuce, 201, 281 shrubs, 49-52, 77, 82 loe Pve weed, 90, 343, 343 Liatris, 290 Lilyturf, 248 trees, 48, 143 Juncos vines, 220, 238, 240, plants that attract, 341, Lime, in tonics, 51, 68 242 342, 345, 346, 350, Lingberry, 262-263 red ribbons for, 112 356, 360 Listerine[®], for disinfecting tools, regular visitors, 114 profile of, 296, 296 174 ruby-throated, 222, 222, Juneberry. See Serviceberry Little bluestem, 35, **35**, 333, 341, 351, 352, 253-254, 267 Junipers 353, 357 benefits of, 176-177 Live oak, 149, **149**. See also rufous, 333, 336, 341, blue column, 15 Oak trees 346, 351, 352, 353, creeping, 258, 267 Love-lies-bleeding, 101–102, 357 dwarf, 178 293, **293,** 345, **345**

in recipes, 107, 302, 312

See also specific birds

INDEX

===370 = Lysol®, for disinfecting tools, Milorganite®, in tonic, 262 trees, 48, 143 174 Mississippi hackberry, 138 Nesting birds behavior of, 23-26 Mockingbirds as cat deterrent, 325-326 cavity-nesters, 134-135 M plant disease control and, plants that attract, 330, 52 Magnolias, 166 332, 333, 336, 339, Mahonia, 45 348, 351, 355 watching, 24 Male and female plants, 34 Molasses, in tonics, 166, 217 Nesting boxes, 135 Nesting materials, 25 Manure, in tonics, 239, 284 Molded seed treats, 319 Manzanita, 267, 332, **332** Morning glory, 231, 231, 240, Nesting sites Maple, 119-120, 345, 345 242, 242 evergreens, 153 finding, 136 Marigold Mosquito repellents, 67 in garden plans, 96, 318 Moss, growing, 171 flowers, 106-107 fruit trees, 209 growing, 97 Mother of thyme, 255, 256 Mountain cranberry, 262-263 shrubs, 30-31, 35, 37 in portable corridor, 13 profile of, 346, 346 Mountain laurel, 45, 170, 170 trees, 134-138 vines, 228-232 seed from, 107, 279 Mountain rosebay, 171–172 New England aster, 71, 71. Marigold Granola, 107 Mowing techniques, 110 Mature size Mugo pine, dwarf, 178. See also See also Asters New Jersey tea, 38 shrubs, 38-39, 43 Pine trees trees, 126-127 Mulberry, 65, 197-199, 199, Newspaper, uses for Maypop, 218–219, **218** 347, **347** pest control, 300 Meadow gardens, 108-110, Mulch, under trees, 272 planting aid, 39 weed control, 43 252-254 Multiflora roses, 57. See also Meadow phlox, 48 Shrub roses New York aster, 210. See also Melon seed, 280 Multilevel plantings, 15-17 Asters Murphy® Oil Soap, in tonics, Mexican elderberry, 70. See Ninebark, 38, **38** also Elderberry 112, 194 Nitrogen, hemlocks and, 155 Non-native plants, 97 Mexican sunflower Muscadine grape, 235. See Northern cardinal characteristics of, 114 also Grape vines in garden plans, 96, 287 Mustang grape, 236. See also plants that attract, 333, 334, 340, 343, 347, profile of, 346, 346 Grape vines 352, 355, 358 Mice deterrents, 188-189 Mustard seed, 319 Migrants, 22, 32, 70, 123 profile of, 104, 104 Milk, for disease control, 52 Northern mockingbird. See N Mockingbirds Milk carton feeder, 305 Millet, 276, 308 Nasturtium, 115 Northern red oak, 149. See also Oak trees as feeder, 299 Native plants, 97 Not-Just-for-Easter Eggs, in feeders, 308, 312-313 Nectar plants in garden plan, 293 berry bushes, 77, 82 314-315 Nut-bearing trees, 144–149 growing, 299 evergreens, 169-172 flowers, 91-93, 111-116 Nut-eaters, 10-11, 144, 146. harvesting seed from, 276

shrubs, 49-50

Oyster shells, for vines, 226

INDEX

= 371 ==== P Nuthatch, red-breasted, 340, Persimmon trees, 187, 187 345, 349, 354 Pest control. See also Predator Pacific crabapple, 212. See also Nutka rose, 53-54, 78 control; specific pests Crabapple Nuts, in feeders, 148, 320, Pacific elderberry, 70. See also for berry bushes, 65-66, 76, 327-328 Elderberry 83, 84 Nyjer® seed Pacific wax myrtle, 169 birds as, 6, 55, 131 for goldfinches, 88, 139, Panty hose for evergreens, 154-155, 313, 323–324 as plant ties, 223 158, 162 growing, 275 as snow protection, 156-157 for fruit trees, 184-185, in recipe, 312 Paper birch, 125, 129. See also 188–189, 190–191, 194, **Birches** 203-204 Partridge berry, 261, 261 for shrub roses, 55 0 Pathways, 255–256 Slugweiser, 288 Oakleaf hydrangea, 38 Peanut butter, in recipes for trees, 133-134, 184-185 Oak leaves, in tonics, 51, 187 Cranberry Crunch, 262 for vines, 215 Oak trees, **17,** 133–134, Percher's Paradise, 326 Pesticides, 6 148-149, **149**, 347, **347** Summer Suet Pudding, 203 Phlox, 48, 231, 348, 348 Oatmeal Walnut Crumble, 145 Photography Peanuts, in recipe, 326 in feed recipe, 262 of birds, 304-305 Pears, 327 in tonics, 149, 186 as pruning tool, 173–174 Octagon[®] soap, 211 Pear trees, 195-197 Pileated woodpecker. See Oleander, 31 Peat moss Woodpeckers Opuntias (cacti), 158-159, 267, Pinching, 164 in potting mix, 116 350, **350** in tonics, 245-246, 262 Pincushion flower, 231 Orange ball tree, 50 Pecan "Pies," 147 Pinecones, 155, 160, 165 Pecking order, at feeders, Orange trees, 187 Pine needles, in tonic, 187 306-307 Oregon grapeholly, 173, 174, Pine nuts, in recipe, 107 181, 348, 348 Peony, 97 Pine trees, 164 Percher's Paradise, 326 Orioles benefits of, 159, 164 fruit for, 233 Perches dwarf, 178 in garden plans, 18, 163 plants that attract, 112-113, attracting birds with, 19-22 338, 342, 345, 350 profile of, 349, 349 evergreens as, 177 profile of, 184, **184** Pinning groundcovers, 257-258 at feeding stations, 317 Pinxterbloom azalea, 271. See Ornamental grasses, 26, 35, frozen feet myth, 307 253–254. See also specific Perennials. See also Flower garalso Azalea dens; Vines; specific plants Planting techniques types Overgrown plants cutting foliage on, 98-99 dwarf fruit trees, 186 perennial flowers, 91 dividing, 91 fruit trees, 197, 211 trees, shrubs, or vines, 62 invasive, 94-95 groundcovers, 245-248, Overwintering techniques, 116, planting potion for, 107 259-261 186 as seed plant, 289–297 hanging baskets, 115–116 Owls, 165 worn-out, 100 perennials, 107

Perlite, in potting mix, 116

shrub roses, 54-55

evergreens as, 175–176

==== 372 =

INDEX

Planting techniques (continued) for feeders, 309-311 shrubs, 34-35, 39, 41 near birdbaths, 29 Rapeseed, 319 soil preparation, 260 shrubs as, 28-30 strawberries, 62-63, 76-77 trees as, 18-19 sunflowers, 285 projects Prickly pear cacti, 158-159, 267, thickets and brambles, 350, **350** Woodpeckers 81-82, 83 Privet, 39, 39 trees, 124, 127, 131, 145, 149 Propagation techniques under trees, 146-147, 345, 349, 354 choosing, 250 271 - 272cuttings, 40, 55, 99-100, Redbud, 5, 71 **Plants** Red cedar 106 buying, 3 layering, 266 as food source, 2-6 seed, 171 Plant supports suckers, 46 container plants, 234 Pruning techniques flowers, 100-101 berry bushes, 67, 79 Red crossbill, 160 sunflowers, 285-286 evergreens, 164, 172-174 trees, 137 fruit trees, 192 Mulberry vines, 143, 216, 220-221, hedges, 42-43 223, 224-225, 238-242 trees shrubs, 52 Plum trees, 202-206, **206**, 349, trees, 122 349 vines, 228-229, 236 Poison ivy, 43-44, 226, **226** Pruning tools, disinfecting, 174 Rhododendrons Pokeweed, 73, **73** Pumped-Up All-Purpose Mix, fertilizing, 68 Pole beans, 201 312 Pollination, by hummingbirds, 92 Pumpkin seed, 280 Poppy seed, 319 Pumpkin shell feeder, 322 Popsicle® sticks, as labels, 97 Purple coneflower, 91, 91, 109, Portable corridor, 13 350, 350 Possumhaw, 64, 170 Purple finch, 30 112 Potting mix, for hanging baskets, Pyracantha, 32 116 Powdery mildew control See also Birches for bee balm, 112 Q effect on birds, 52 Quail, 332 for seed plants, 292, 294 Quailbush, 30 Power Powder, 284 Prairie crabapple, 212. See also R Crabapple Prairie rose, 54 Rabbit deterrents, 84, 139 Predator control. See also Shel-Grosbeaks Raccoon deterrents, 184, 300, ter plants; specific predators 316 Rose hips, 57

Rain protection, 17–18, 120

Raisins, in recipes, 145, 326 Raspberry, 83-84, 351, **351** Recipes. See Feed recipes and Red-bellied woodpecker. See Red-breasted nuthatch, 340, birds attracted to, 78-79 in garden plans, 36, **36**, 48 for hedgerow, 45 varieties of, 177 Red mulberry, 198. See also Red oak, 17, 149. See also Oak Redpoll, 335, 359 Return visitors, 22, 114 in garden plan, 170 for hummingbirds, 50-51 profile of, 351, **351** as shelter, 167-168 Ribbon, to attract hummingbirds, Rice, for cleaning feeders, 323 River birch, 21, 21, 122, 125. Robins. See American robin Rocky mountain juniper, 193. See also Junipers Rose balsam, 100, 113 Rosebay rhododendron, 170. See also Rhododendrons Rose-breasted grosbeak. See Rose of Sharon, 14, 14

373

Roses	Seed packets, resealing, 105	thickets and brambles,
climbing, 218, 249-250,	Seed plants. See also Sunflowers	80–84
250	birds attracted to, 8–9, 277	trees, 16–19, 120, 122
profile of, 352, 352	checkerboard planting of,	Shrike, 47
shrub, 21, 30, 45, 53–57	302	Shrub roses, 21, 30, 45, 53-57
supports for, 143	drying seed from, 298–299	Shrubs. See also Berry bushes;
Rotary tillers, 147	as feeders, 277–279	Evergreens
Rubbing alcohol, for disinfecting	flowers, 8–9, 87–88,	alternatives to, 35
tools, 174	98–102, 289–297	birdbaths and, 29
Ruby-crowned kinglet, 154	in garden plan, 293	disease control for, 39–41,
Ruby-throated hummingbird. See	grasses, 297–301	52
Hummingbirds	harvesting seed from, 103,	fertilizing, 51, 71
Rufous hummingbird. See Hum-	274–276, 279, 296–297	fledglings in, 41
mingbirds	storing seed from, 280	flowering, 49–52
Rugosa rose, 21, 57	vegetables, 279–281	as food source, 32–33
Rugs, as planting aid, 260	wild garden of, 301–302	in garden plans, 36, 141
	Seed starting, 242	for hedge or border, 38–39
	Serviceberry (Juneberry), 190	42–45
5	as decoy plant, 190	male and female, 33
Safflower, 276	fruit of, 69	for nesting sites, 30-31, 35
Safflower seeds, 308, 311	in garden plans, 48, 60	37
Sage, 352, 352	for hedgerow, 45	non-invasive, 38
Saltbush, 30	profile of, 344, 344	overgrown or ugly, 62
Salvia, 54, 54, 92	Shady sites	as perches, 20–21
Savannah holly, 180. See also	for attracting birds, 16–17	placement of, 14–15
Hollies	flowers for, 99–100	planting, 34–35, 39, 41
Scarecrows, 83	garden plan for, 50	propagating, 40, 46
Scarlet runner beans, 238–240,	groundcovers for, 259–265	pruning, 52
353, 353	vines for, 224–228	as shelter, 28–30, 39
Scarlet sage, 90	Shagbark hickory, 147	as vine supports, 224–225
Scarlet tanager. See Tanager	Sharp-shinned hawk, 175–176,	water features and, 35–36
Seasons	309	winter feeding and, 12
feeders and, 320–321	Shasta daisy, 96, 293	Site selection
plant yields and, 4, 64–65	Shelter plants	berry bushes, 61–62, 64,
Seaweed meal, in tonic, 239	evergreens, 151–152,	80–81
Sedges, 270	167–168, 175–176	fruit trees, 192
Sedum, 105–106, 106, 270,	flowers, 106–107	shrubs, 42
353, 353	groundcovers, 246–248,	trees, 126-128
Seed-eaters. See also specific	258	Slinky® toys, as squirrel deter-
birds	height of, 15–17	rent, 311
beak sizes of, 86	need for, 11	Sloped sites
feeding habits of, 285	plant corridors, 12–15	groundcovers for, 256–258
types of, 8–9, 277	shrubs, 28–30, 39	shrubs for, 77, 78

===374 | INDEX

Slug baits, 288	Squirrel deterrents, 184, 307,	perennial, 87–88, 87
Small yards, 16	309–311	as pest control, 215
Snow	Squirrel feeders, 321	in portable corridor, 13
damage from, 156–157,	Staking techniques, 100–101,	profile of, 355, 355
158	137. See also Plant supports	protecting from birds, 282
as insulator, 18	Starlings, 308	toxins in, 284
Snowberry, 64, 77, 78	Stepping stones, 255–256	Sunflower seeds
Snow shovels, for leaf cleanup,	Strawberries Supreme, 65	for feeders, 305–306,
139	Strawberry, 62	312–313
Soap, as deer deterrent, 208	off-season, 65	in recipe, 312
Sock feeders, 323	planting, 62–63, 76–77	Sunny sites
Socks, as fruit guards, 212	profile of, 354, 354	groundcovers for, 249–258
Soil compaction, 143	protecting from birds, 76	sunflowers for, 282
Songbird behavior, 21–22. See	on slopes, 256–257	Sunset hyssop, 115
also specific birds	as transition plant, 267	Swamp magnolia, 166
Song sparrow. See Sparrows	Strawberry jars, 62	Sweet alyssum, 318
Sour cherries, 190. See also	Suckers, shrubs from, 46	Sweet crabapple, 211–212. See
Cherry trees	Suet	also Crabapple
Southern magnolia, 166	in feeders, 313-317, 320	Sweet gum trees, 119, 138–139,
Southwest gardens, 29–30	holly with, 74	356, 356
Sparrows	homemade, 135, 328	Sweet woodruff, 261
American tree, 331, 335,	in recipes, 145, 147, 203,	Switch grass
337, 341, 343, 346	262, 314–315, 326	in garden plans, 36, 218
chipping, 23, 23	Suet-eaters, 315–316. See also	profile of, 356, 356
as pest control, 55	specific birds	as shrub alternative, 35
song, 254, 254, 335, 337,	Sugar, in tonics	Sycamore, 141–142, 142
339, 343, 344, 346,	fertilizer, 142, 186, 284	
350, 356, 360	pest control, 288	
white-crowned, 291, 291	Sugarberry, 138	Т
Spice bush, 141	Sumac, 18, 33, 355, 355	Tanager
Spider flower, 89	Summer Suet Pudding, 203	scarlet, 69, 69
Spiders, 7	Summer tanager. See Tanager	summer, 334, 344, 349,
Spirea, 39, 78	Sunburn	358
Spot Seed Tonic, 324	evergreens, 155–156, 157	Tea, in tonics
Spotted towhee. See Towhees	fruit trees, 212	fertilizer, 79, 157, 290–291
Spruce trees	groundcovers, 255	planting, 145, 211, 324
benefits of, 159	Sunflowers	topdressing, 262
blue, 160	annual, 286–289	Tent caterpillars, 194
dwarf, 178	as feeder, 283, 283	Tepees, for vines, 239
in garden plan, 181, 181	in garden plan, 287	Terrific Topdressing, 262
profile of, 354, 354	giant, 282–286, 285	Texas firecracker, 115
white, 160, 160	harvesting seed from, 286	Thickets and brambles, 80–84
Squash seed, 280	miniature, 289	Thrashers. See Brown thrasher

375

Threadleaf coreopsis, 95. See	dead, 142, 143	٧
also Coreopsis	feeders in, 313	Valerian, 221
Threadleaf tickseed, 95	fertilizing, 71	Vegetable gardens
Thyme, 255-256	flower buds on, 128	fig trees in, 201
Tick repellents, 67	as food source, 128–134	as food source, 5–6,
Tickseed, 95, 109, 337, 337	forcing bloom of, 140–141	279–281
Titmouse. See Tufted titmouse	in garden plans, 121, 129,	perches in, 21
Tomato cage trellis, 241	141	Verbena, 221, 267
Tonics. See also specific ingredi-	leaf litter from, 138–139,	Viburnum, 44
ents or uses	264	Blue Muffin™arrow-wood,
Annual Flower-Feeder	mature size of, 126	79
Tonic, 290–291	as nesting sites, 134–138	as decoy plant, 65
Aphid Antidote, 215	nut-bearing, 144–149	as food source, 32
Caterpillar Killer Tonic, 194	overgrown or ugly, 62	for hedges, 44
Evergreen Growth Tonic,	as perches, 20–21	for hedgrow, 45
157	pest control for, 133-134	non-native, 38, 68
Flower Surge Tonic,	planting, 124, 127, 131, 145,	profile of, 358, 358
245-246	149	Vinegar
Power Powder, 284	planting under, 146–147,	for cleaning feeders, 323
Slugweiser, 288	271–272	in weed control tonic, 110
Spot Seed Tonic, 324	potted, from nursery,	Vines
Terrific Topdressing, 262	128–129, 131	annuals, 238–242
Tree Revival Tonic, 142	pruning, 122	benefits of, 214–215
Torpor, 170–171	reviving, 142-143	climbing types, 216
Towhees, 56	as shelter, 16–19, 120, 122	as design aid, 178
eastern, 245, 331, 337,	sites for, 126–128	fertilizing, 217, 239
340, 349, 356, 360	staking, 137	in garden plans, 218, 221
spotted, 332, 348	as vine supports, 224–225	as groundcover, 264
Toyon, 70	watering, 144–145	guiding, 223
Transplanting. See Planting tech-	weeds under, 136	as living fence, 217
niques	Trellises, 234, 239-242	overgrown or ugly, 62
Tree guards	Trumpet creeper, 220–222,	oyster shells for, 226
for pest control, 133–134,	221, 357, 357	perennial
184–185, 188–189	Trumpet honeysuckle, 216, 240,	choosing, 219–224
for sunburn, 212	357, 357	grapes, 232–237
for weed whackers, 136	Tufted titmouse, 340, 342,	as nesting sites,
Tree Revival Tonic, 142	346, 347, 349, 353, 356,	228–232
Trees. See also Evergreens; Fruit	359	pruning, 228–229
trees; specific types	Tulip tree, 48, 48, 143	for shady sites, 224–228
bark of, 140		sites for, 216-217, 219
bird behavior in, 118–119		supports for, 143, 216,
charting growth of, 121–122	U	220–221, 223, 224–225,
choosing, 119-120, 124	Urban gardens. 87	238-242

376

INDEX

Vireo, 31, **31, 124**Virginia creeper, 216, 223–224, **223,** 358, **358**Virginia rose, 54. See also Shrub roses

W

Walls, vines on, 220–221
Walnut Crumble, 145
Walnut trees, 145–146, **146**, 359, **359**Warblers
Blackburnian, 123
Cape May, 123
hemlock, 123
wood, 123, **123**yellow-rumped, 105, 168, **168**Water features, 35–36, 270

Watering techniques
evergreens, 152, 168–169
hedgerows, 47
trees, 144–145
Wax myrtle, 32, 169
Waxwings. See Cedar waxwing
Weather protection, 12, 17–19,
172. See also Shelter plants
Weed control
berry-producing weeds, 73
brambles, 84

berry-producing weeds, 73 brambles, 84 groundcovers, 269–270 hedges, 43–44 meadows, 110 under trees, 136 Weed whackers, 136

Weeping willow, 122. See also Willows Weigela, 14, 39 Western bluebird. See Bluebirds Western hackberry, 138 Wet sites, 64, 135-136 Whiskey, in tonics, 145, 157 White ash, 122 White-crowned sparrow. See Sparrows White mulberry, 199, 199. See also Mulberry White spruce, 160, **160**, 181, 181. See also Spruce trees Wildflowers, 109 Wild gardens, 94-95, 301-302 Wild plum, 206. See also Plum trees Willow bark, 188

Willows, 122, **122**, 135–136, 359, **359**Windbreaks

plants as, 179–181 Windburn, in evergreens, 155–156, 157 Window boxes, 72

for plants, 155–156

Winterberry, 38, 45, 129 Winter Cherries (recipe), 191 Winter feeding, 12, 64, 72

Wintergreen characteristics of, 264–265 in garden plans, 129, **129**, 271, **271**

profile of, 360, **360** Witches'-brooms, 215 Woodpeckers downy, 132, 133, **133, 342, 347, 350, 355, 359**

golden-fronted, 186 as nut-eaters, 146, 149 pileated, **358** red-bellied, **335, 339, 350**

Wood warblers. See Warblers Woolly thyme, 255 Wormwood leaves, 194 Wreath, grapevine, 237 Wrens

Carolina, 227, **227** house, **331, 336, 348, 353**

Y

Yarrow, 90
Yaupon holly, 45. See also
Hollies
Yeast, in tonic, 288
Yellow-bellied sapsucker, 119
Yellow birch, 125. See also
Birches
Yellow jackets, 203–204
Yellow-rumped warbler. See
Warblers

Z

Zinnia

in garden plans, 210, 293 growing, 97, 297 profile of, 360, **360**